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When Parents Hurt Compassionate Strategies

In *When Parents Hurt*, psychologist and parent Joshua Coleman, Ph.D., offers insight, empathy, and perspective to those who have lost the opportunity to be the parent they desperately wanted to be and who are mourning the loss of a harmonious relationship with their child. Through case examples and healing exercises, Dr. Coleman helps parents: Reduce anger, guilt, and shame

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When Parents Hurt: Compassionate Strategies When You and Your Grown Child Don't Get Along. This unique book supports parents who are struggling with the heartache of having a teenager or an adult child who is troubled, angry, or distant. Such rifts can cause unspeakable sorrow that parents too often must bear alone.

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Paperback - Aug. 26 2008 by Joshua Coleman PhD (Author) 4.3 out of 5 stars 380 ratings

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In "When Parents Hurt: Compassionate Strategies When You and Your Grown Child Don't Get Along" (312 pages), author (and well-known psychologist) Joshua Coleman addresses many different scenarios with the general theme of older and grown kids not getting along with their parents, whether married or divorced, and how to deal with that.

When Parents Hurt: Compassionate Strategies When You and ...

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